



eleos

Supporting Corporate & Commercial Organisations

Clinically led psychological support designed for organisations navigating responsibility, pressure and change

Helping leaders, teams and organisations strengthen wellbeing, support performance and create healthier, more sustainable ways of working.

www.eleosgroup.co.uk

Supporting those carrying responsibility

Many organisations are operating within increasingly complex environments.

Leaders are balancing organisational performance, workforce wellbeing, change, growth, risk and responsibility, often whilst managing significant uncertainty and competing demands. Alongside these pressures, organisations are navigating recruitment and retention challenges, workforce wellbeing concerns, organisational change and the ongoing need to create healthy and sustainable cultures.

Whilst support is often available, organisations can still find it difficult to ensure that support feels relevant, trusted and connected to the realities of the work.

At Eleos, we help organisations create support that is clinically informed, practical and designed around the pressures people face every day.

Organisations are increasingly navigating:

-  Leadership pressure and responsibility
-  Organisational change
-  Workforce wellbeing challenges
-  Recruitment and retention pressures
-  Complex people issues
-  High-performance expectations

“ Support should strengthen organisations, not sit alongside them. ”

Support works best when it feels relevant to the work

Effective support is not simply about responding when difficulties emerge.

It is about helping leaders, teams and organisations navigate complexity, strengthen decision-making and create environments where people can perform sustainably over time.

Different organisations face different challenges.

Some require support during periods of significant change.

Others are seeking guidance around leadership, workforce wellbeing or organisational culture.

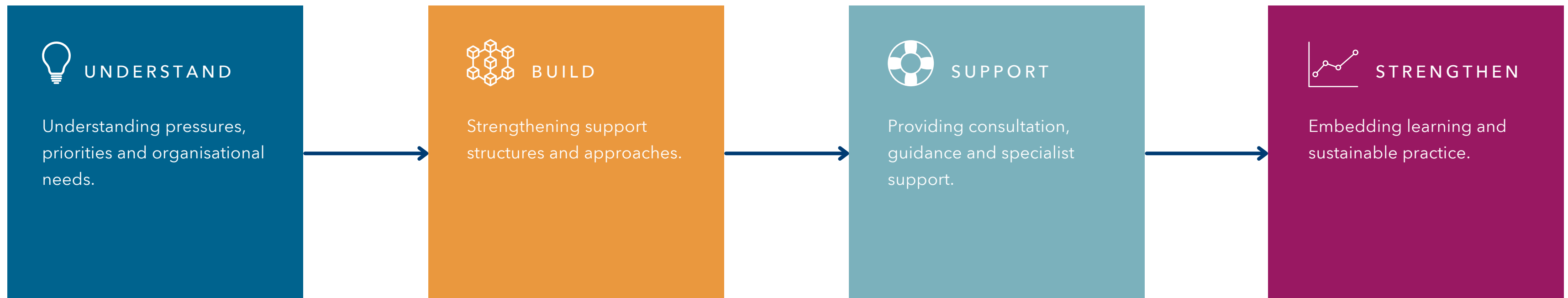
The most effective support is **visible**, **trusted** and **grounded** in the realities of organisational life.

Effective support often includes:

- Leadership support
- Consultation and guidance
- Reflective spaces
- Access to specialist support
- Learning and development
- Responsive support during periods of change
- Strategic insight

How Eleos works alongside organisations

Our work is built around four connected functions that help organisations better understand pressure, strengthen support and create healthier, more sustainable ways of working.



Ways we can help

Organisations face different challenges at different times. Some are seeking to better understand workforce experiences and organisational pressures. Others are strengthening support arrangements, navigating significant change or looking for specialist consultation around complex situations.

Our services can be commissioned individually or combined to create a support model that reflects the needs of the organisation and its people.

Understanding Need

Building a clearer understanding of pressures, risks and opportunities.
ELEOS SCOPE | Comprehensive organisational scoping.
ELEOS INSIGHT | Focused review of key themes and priorities.

Ongoing Partnership Support

Embedding support into everyday organisational life.
ELEOS FRAMEWORK | Long-term partnership support.

Consultation and Guidance

Helping leaders and organisations navigate complexity.
ELEOS CONSULT | Consultation for leaders, managers and teams.

Responding to Challenges

Support during periods of increased pressure, organisational change or significant events.
ELEOS RESPONSE | Rapid support when it is needed most.

Accessing Additional Support and Learning

Helping people access appropriate support whilst strengthening capability over time.
ELEOS PATHWAYS | Clear routes into appropriate support.
ELEOS RE:MIND | Learning, resources and guidance.

“ Different challenges require different types of support. ”

Flexible support built around your organisation

Every organisation starts in a different place.

Some organisations are looking for support around a specific challenge. Others want to strengthen existing support structures. Some are navigating significant change, whilst others are looking to build a longer-term approach.

Our work is designed around the needs of the organisation rather than a fixed model.

Strengthening leadership support

An organisation wants to strengthen support for leaders navigating increasing responsibility and pressure.

Support may include

- Framework
- Consult
- Re:Mind

Outcome

More confident, supported and psychologically informed leadership.

Navigating organisational change

An organisation is undergoing a significant period of change affecting teams and leaders.

Support may include:

- Consult
- Response
- Re:Mind

Outcome

Support that helps people navigate uncertainty, change and transition.

Understanding workforce experience

An organisation wants to better understand workforce pressures and identify opportunities to strengthen support.

Support may include:

- Scope or Insight
- Framework
- Consult
- Strategic Reporting

Outcome

Greater insight and a clearer roadmap for future support.

Learning from practice

Strengthening support within a complex organisation

CONTEXT

An organisation operating within a highly regulated environment wanted to strengthen support arrangements for staff working in demanding roles.

THE CHALLENGE

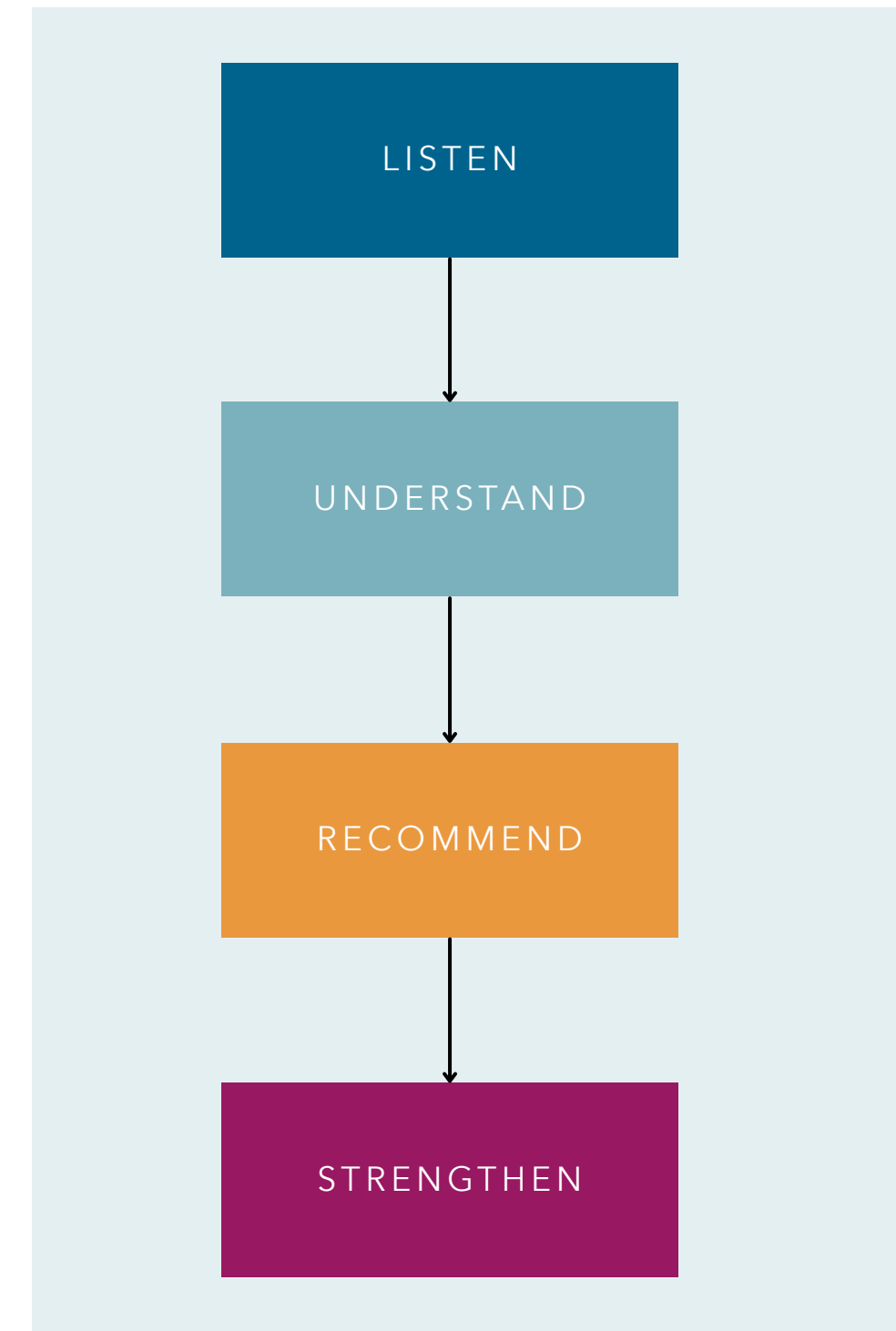
Leaders recognised the need to develop more structured approaches to consultation, support and professional reflection whilst ensuring any changes felt practical and sustainable.

OUR APPROACH

Working alongside organisational leaders to develop psychologically informed consultation and support arrangements that reflected the realities of the work.

THE RESULT

A more structured and sustainable approach to support, helping strengthen leadership confidence, workforce support and organisational capability over time.



Clinically led. Human in approach.

About Eleos

Eleos brings together clinical expertise, leadership experience and a deep understanding of the realities people face when working in demanding roles. We work alongside organisations to create support that is trusted, practical and grounded in the pressures of the work itself.



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Whether you're exploring support for the first time, reviewing existing provision, or responding to a specific challenge, we'd be pleased to have a conversation.

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Support designed for the pressure of the work

Clinically led psychological support for organisations navigating responsibility, complexity and emotionally demanding work.

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