eleos

Supporting Inquiries, Inquests and Legal Proceedings

Clinically led psychological support designed for people and organisations navigating scrutiny, complexity and emotionally demanding processes

Helping inquiry teams, legal professionals, participating organisations and those involved in proceedings access trusted, proportionate and clinically informed support.

www.eleosgroup.co.uk

Supporting those carrying the pressure of the work

Inquiries, inquests and legal proceedings can place significant demands on the people involved.

Whether participating as a witness, supporting families, leading investigations, managing organisational responses or overseeing proceedings, individuals are often navigating uncertainty, scrutiny, responsibility and emotionally challenging subject matter over extended periods of time.

These processes can be professionally and personally demanding. Support needs often extend beyond individual wellbeing and include consultation, reflective spaces, leadership support and psychologically informed approaches to managing complex situations.

At Eleos, we help organisations and individuals navigate these challenges in ways that are clinically informed, practical and proportionate to the realities of the work.

Organisations are often navigating:

- Public scrutiny
- Complex decision-making
- Sensitive subject matter
- Witness preparation and participation
- Leadership responsibility
- Workforce wellbeing

> “Support should be proportionate to the demands of the process.”

Support works best when it understands the realities of proceedings

People involved in inquiries, inquests and legal proceedings often face unique pressures that are not always visible from the outside.

Support needs can differ significantly depending on role, responsibility and stage of proceedings.

Some individuals may benefit from direct support.
Others may need consultation, reflective spaces or guidance around managing complex situations.

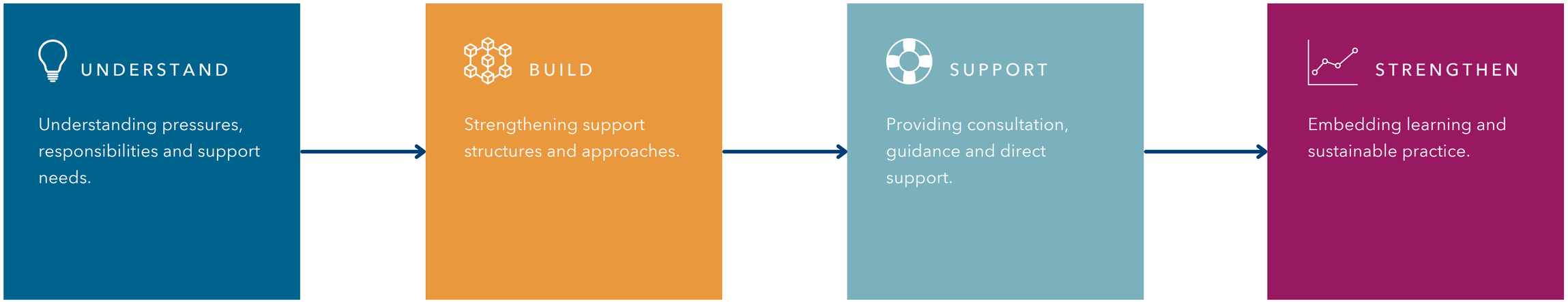
Effective support recognises these differences and responds in ways that feel trusted, relevant and appropriate.

Effective support often includes:

- Independent consultation
- Leadership support
- Witness support
- Reflective spaces
- Responsive support during key phases
- Access to specialist intervention
- Ongoing learning and guidance

How Eleos works alongside organisations

Our work is built around four connected functions that help organisations better understand pressure, strengthen support and create healthier, more sustainable ways of working.



Ways we can help

Inquiries, inquests and legal proceedings place different demands on different people. Some organisations are seeking support for those directly involved in proceedings. Others are looking for consultation around complex situations, support following particularly difficult phases of a process or a more sustainable approach to supporting people over time.

Our services can be commissioned individually or combined to create a support model that reflects the needs of the organisation and the realities of the process.

Understanding Need

Building a clearer understanding of pressures, risks and support needs.

ELEOS SCOPE | Comprehensive organisational scoping.

ELEOS INSIGHT | Focused review of key themes and priorities.

Ongoing Partnership Support

Embedding support throughout the lifecycle of a process.

ELEOS FRAMEWORK | Long-term partnership support.

Consultation and Guidance

Helping leaders, legal teams and organisations navigate complexity.

ELEOS CONSULT | Consultation for leaders, teams and participating organisations.

Responding to Challenges

Support during difficult phases of proceedings, critical incidents, or following significant events.

ELEOS RESPONSE | Rapid support during periods of increased pressure.

Accessing Additional Support and Learning

Helping people access appropriate support whilst strengthening knowledge and capability over time.

ELEOS PATHWAYS | Clear routes into appropriate support.

ELEOS RE:MIND | Learning, resources and guidance.

> Different challenges require different types of support.

Flexible support built around your organisation

Every inquiry, inquest and legal process is different.

Some organisations are looking for support around a specific challenge. Others want to strengthen support arrangements for people involved in proceedings. Some are responding to particularly demanding phases of a process, whilst others are looking to develop a more sustainable approach.

Our work is designed around the needs of the organisation rather than a fixed model.

Supporting an Inquiry team

An inquiry team wants to strengthen support for staff throughout a prolonged and demanding process.

Support may include

- Framework
- Consult
- Re:Mind

Outcome
More visible, trusted and accessible support throughout proceedings.

Responding to a difficult phase of proceedings

An organisation is navigating a particularly demanding stage of an inquiry, inquest or legal process.

Support may include:

- Response
- Consult
- Pathways

Outcome
Timely support that helps individuals, teams and leaders navigate challenging circumstances.

Strengthening organisational readiness

An organisation wants to ensure appropriate support arrangements are in place for people involved in proceedings.

Support may include:

- Scope or Insight
- Framework
- Consult
- Strategic Reporting

Outcome
Greater confidence in support arrangements and a more coordinated approach to supporting people throughout proceedings.

Learning from practice

Supporting organisations through complex legal proceedings

CONTEXT

Families were navigating a prolonged and emotionally demanding legal process following the deaths of loved ones.

THE CHALLENGE

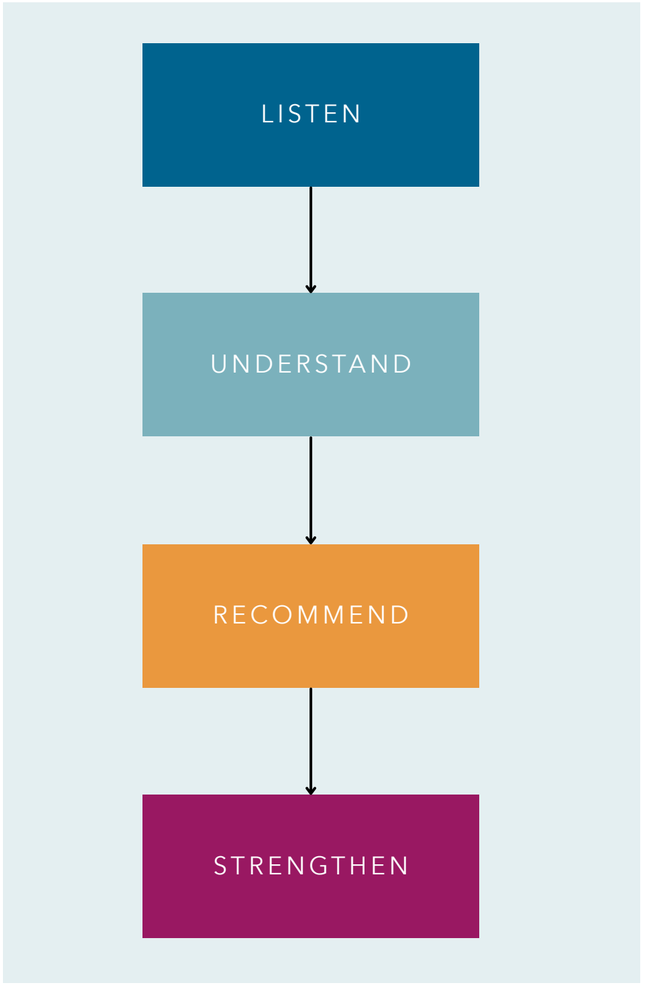
The proceedings placed significant demands on individuals and families over an extended period of time, requiring support that could remain responsive throughout different stages of the process.

OUR APPROACH

Providing psychologically informed support, consultation and guidance throughout legal proceedings and ongoing scrutiny.

THE RESULT

Trusted support throughout the process, helping individuals access appropriate support whilst navigating some of the most difficult circumstances imaginable.



Clinically led.

Human in approach.

About Eleos

Eleos brings together clinical expertise, leadership experience and a deep understanding of the realities people face when working in demanding roles. We work alongside organisations to create support that is trusted, practical and grounded in the pressures of the work itself.

DR CLAIRE BULLEN-FOSTER

Founder & CEO

Consultant Clinical Psychologist

HCPC Registered Practitioner Psychologist

Chartered Member of the British Psychological Society

DR LAURA GREGG-ROWBURY

Clinical Lead - Frontline and Emergency Services

Principal Clinical Psychologist

HCPC Registered Practitioner Psychologist

Chartered Member of the British Psychological Society

Whether you're exploring support for the first time, reviewing existing provision, or responding to a specific challenge, we'd be pleased to have a conversation.

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